

## **Pastoral Support**

At Roselands Primary School we prioritise pastoral support for our children and have an Inclusion Team that oversee the support of a variety of children within the school ensuring every child is receiving the tailored strategies they need. Within this team are our two Pastoral Assistants.

#### Pastoral Assistant Role

Our pastoral assistants have a wealth of experience between them and work hard to aid children within school to support their Social, Emotional and Mental Health needs. Their support can range from daily check-ins, short term interventions or long-term support and can be delivered individually or in small group sessions. They are based in two of our private pastoral rooms which offer a relaxed but confidential space for the children.

## Support and Services

In school, the pastoral team can provide a range of support, some of which are research-based programs e.g. Draw and Talk intervention or Lego Therapy. Other interventions aim to support emotional development using Thrive based activities. As well as this, the team have regular opportunities to support children who are Young Carers, have suffered a bereavement or are experiencing periods of unsettledness.

## **In-School Pastoral Support Pathway**

If a teacher has concerns about a child, or has a concern passed on by a parent, they can raise these with a member of our Inclusion Team.

Staff will initially give class or home-based strategies to support the child and develop their social, emotional and mental health needs.

If the concern continues, staff members are encouraged to submit a Pastoral Referral Form to the Inclusion Team. These referrals are monitored by the team and responded to promptly. If the class or home-based strategies have had little impact, the Pastoral Team will add the child to their caseload and discuss with the Inclusion Team the right level of support for them and their needs.

Additionally, we may utilise our Family Support Worker to support and signpost families. One form of signposting is to Torbay's Mental Health Support Team (MHST). This service offers direct support for families and children that helps to support mild to moderate mental health difficulties that may be impacting on your child's day.

If there is still a high-level concern after school strategies, pastoral support and wider signposting has taken place, school are able to seek advice, guidance and assessment through agencies and professionals such as CAMHS, Educational Psychology and Outreach services.



#### **Useful links:**

Torbay Children and Families Support

Parenting with a mental health problem

NSPCC – Keeping Children Safe

## **Concern is Raised**

- Teacher or parent raises concern
- School and/or home based strategies offered

# In-School Support

- Pastoral referral made
- Tailored pastoral sessions commence
- Sessions are reviewed reguarly

## **Wider Support**

- Family Support Worker
- MHST referral
- Referrals to wider agencies e.g.
  CAMHS, Ed Psyc,
  Outreach