

# Jigsaw Jino's Journey

birth

love

Changing Me

nutrients

How can I cope positively with change?

mother

womb

affection

I will explore...

- How I feel about babies or baby animals
- How I might feel about a new baby in my own family
- How to recognise my feelings and cope with change
- How I feel about stereotypes
- The changes that I might want to make as I grow older

care

stereotypes

babies

puberty

roles

I will learn about...

- The changes that happen from birth (animals and humans)
- How babies grow and what they need
- How boys' and girls' bodies change on the outside and inside as we grow
- Why change is necessary as we grow older
- Family stereotypes
- The things I am looking forward to



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Can you explain how girls' bodies change on the outside and inside during the growing up process?

Can you explain how boys' bodies change on the outside and inside during the growing up process?

## My Thinking Pad

What have I learnt in this puzzle that helps me to cope positively with change?

We change as we get older so that...

If I feel worried, nervous or scared about changing, I know I can...

I am looking forward to...

How can you challenge stereotypes about girls and boys?

Changing Me

